





How things from the past have impacted on who we are

How we are still evolving.



How we can and have impact(ed) upon our environment

How we can effect change



How we can learn from the past to create a better future

How we can be peacemakers



How some people have had an impact on shaping our world

How we can promote social action and make a difference



How we stay happy, healthy and flourish and what to do if things go wrong

How we can support those in need